# Better People Not just better workers

# Class Schedule Portland Office:

Program	Schedule	Time		
Orientation	Monday 10	: 30 am- 1:30 pm		
MRT® Class	Monday/ Wednesday	5:55-7:15 pm		
MRT® Class	Tuesday/ Thursday	6:00-7:15 pm		
MRT® Class	Wednesday/ Friday	9:30-11:00 am		
Job Readiness*	Tuesday- Friday	1:00-5:00 pm		
* Classes meet every other week				

#### Milwaukie Office:

<b>Progra</b>	m	Schedule	Time
Orientat	ion	Monday	10:30 am-1:30 pm
MRT®	Class	Monday/ Wednesday	5:30-7:00 pm
MRT®	Class	Tuesday/ Thursday	5:30-7:00 pm
MRT®	Class	Wednesday/ Friday	9:30-11:00 am
Job Rea	diness*	Tuesday- Friday	1:00-5:00 pm
* Classes	s meet eve	ry other week	

Our mission is to significantly reduce the rates of recidivism in the Portland metropolitan area. We help our clients change their lives to become more productive citizens.

## **Honorary Board of Directors**

Bob Costas, Broadcaster-NBC and HBO Sports
Stephen B. Bright, Southern Center for Human Rights
Malcolm C. Young, Executive Director, John Howard
Association of Illinois

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Sam Jackson, Jr., (retired), Gunderson

Lily Johnson, (retired), Multnomah Co. Comm. Justice

Sandi Meyer, Oregon CURE

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Robert E. Reynolds, professor, Reed College

Kenneth Robinson, Ed.D, co-founder CCI (MRT®)

Mary Ann Seth Wish, (retired) US Bank

Steve Sherlag, Esq., attorney

# **Better People**Not just better workers

In 30 years of law enforcement I have never heard of or seen a greater program than Better People: Clients finding and staying in jobs that pay a living wage. They have a better self image, a new outlook on life, and concern for their community! The clients I have met are genuinely changed. I am very impressed.

> Lieutenant Tom McGranahan Portland Police Bureau Northeast Precinct

**4310 NE Martin Luther King, Jr. Blvd.**Portland, Oregon 97211 **(503) 281-2663** 

2100 SE Lake Road

Milwaukie, Oregon 97222 **(503) 653-1712** 

www.betterpeople.org

# **Better People**Not just better workers

# What is Better People?

Founded by now-Oregon State Representative, Chip Shields, Better People is a privately funded social service agency that works with individuals having legal histories. We assist clients in obtaining employment paying a minimum of \$8-\$9 an hour with benefits while also helping them change their lifestyles.

### What do we offer?

- Cognitive Behavioral Therapy classes (using MRT®)\*
- Job Readiness Classes
- Assistance Gaining Permanent Employment
- Employment Retention Services

# **Admissions Criteria:**

- Have a legal history
- Be at least 18 years old
- Be a minimum of 30 days clean and sober
- Commit to attending twice-a-week cognitive behavioral therapy classes
- Be responsible for a one-time, nonrefundable enrollment fee of \$35
- Must be able to show picture I.D. and social security card

Call us to arrange to attend an Orientation.

Portland: (503) 281-2663 Milwaukie: (503) 653-1712

## **Overview of Services:**

- Twice-weekly MRT® group sessions to learn more about yourself, and to set and achieve long-term goals
- Access to temporary employment once you attend a class
- Job preparation through job readiness class
- Assistance in gaining permanent employment
- Advocacy for you to potential employers through our Job Developers
- Employment retention services to help you retain employment long-term

#### **Better People Staff**

Kathi P. Bachtel, Recruitment Specialist & MRT® Facilitator

Todd A. Caponetto, Employment Specialist & MRT® Facilitator

Warren L. Fluker, Employment Coordinator & MRT® Facilitator & MRT® Facilitator

Tanisha N. Wells, Financial and Program Administrator & MRT® Facilitator

Kathleen M. Sherrill, Receptionist

<sup>\*</sup> Moral Reconation Therapy is a cognitive behavioral therapy program developed by Gregory L. Little and Kenneth D. Robinson, Correctional Counseling, Inc., Memphis, Tennessee. Refer to enclosed information.